Acknowledgment of Risks:

I, [Participant's Name], acknowledge that my participation in [Activity/Event Name] involves potential risks. These risks include, but are not limited to, [list specific risks associated with the activity/event]. I understand that these risks may result in various injuries, including [list potential injuries].

Assumption of Risk:

I willingly and voluntarily assume full responsibility for all risks and dangers associated with my participation in [Activity/Event Name]. I understand the nature of these risks and agree to accept any and all risks associated with my participation.

Release and Waiver of Liability:

I hereby release, waive, and discharge [Your Organization] and its officers, directors, employees, volunteers, agents, and representatives from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, while participating in [Activity/Event Name], or while in, on, or upon the premises where the event is being conducted.

Indemnification:

I further agree to indemnify and hold harmless [Your Organization] from any loss, liability, damage, or costs, including court costs and attorneys' fees, that may occur due to my participation in said activity, whether caused by negligence of [Your Organization] or otherwise.

Medical Treatment Authorization:

In case of an emergency, I authorize [Your Organization] to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my

immediate care and agree that I will be responsible for payment of any and all medical services rendered.

Acknowledgment of Understanding:

I have read this Risk and Release Form, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Participant's Signature: _______ Date: _______

Parent/Guardian Signature (if participant is under 18): _______

Date: _____